

Back Brace Use and Care Instructions

These orthoses are designed to limit the movement of and provide support to the spine.

Location:

Place the orthosis around your abdomen/lower back as directed by the clinician. Lumbar sacral will extend a broader surface of the posterior spine to encapsulate the lower thoracic and sacral spine.

Adjustment:

Secure and close the orthosis around the body and use the pull strap to mechanically tighten the orthosis to a snug, yet comfortable, level.

Proper Fit:

Remember the orthosis needs to be snug to work best. This orthosis is made to position you in an upright sitting posture. It may not let you bend at the waist as you are accustomed. It may be difficult to sit on soft furniture.

Clothing:

It is recommended that you wear a t-shirt, camisole, or body sock under the corset.

Cleaning:

Wash by hand or machine wash (gentle cycle) using a mild soap. Follow manufacturer's guidelines. If you machine wash, please remove the stays, paying special attention to how they are oriented. Hang to dry.

Precautions

This device does not prevent injury and is not intended to reduce or eliminate the risk of injury.

Questions or Problems

If you experience pain, swelling, or any unusual reaction, please contact your local Wright & Filippis at (800)482-0222.

